



Practice Schedule

Session 1: August 19 - September 19, 2025
Session 2: September 23 - October 23, 2025
Session 3: October 27 - November 21, 2025
Session 4: January 6 - February 5, 2026
Session 5: February 9 - March 12, 2026

Updated 08/01/25

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Swim Stars	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	4:30-5:15 PM	off	off

Practice Changes

No practice: Sep 1, Sep 23, Oct 16-17, Oct 20, Feb 12-13, Feb 16